## Risk Assessment for Hospitalization and Referral to Home Care

### To Qualify for Medicare Home Health Services:
- The patient is under the care of a physician (community physician willing to sign home care orders).
- The patient requires at least one skilled professional service (RN, PT, Speech on an intermittent basis.) OT and HHA may be added under a skilled service.
- Services are provided in the patient’s home.
- The patient is homebound.

**Definition of Homebound:**
Homebound means the condition of a patient causes a considerable and taxing effort for the patient to leave home.

**Homebound qualifiers:**
- Absences from the home are infrequent or of short duration.
  - Examples of infrequent or short duration Absences:
    - Attendance at religious services
    - Attendance at a significant family event
    - Trip to barber or hairdresser
    - A walk outdoors
    - To receive health care treatments
    - To receive medical day care services

### Check All That Apply:
- Lives at home with limited or no community support
- Requires assistance with medication management
- Polypharmacy (more than seven medications)
- History of mental illness
- Issues with health literacy or understanding of illness
- Requires assistance with ADLs/IADLs
- Cognitive impairment
- End stage conditions
- Diagnosis of CHF/COPD/diabetes/HIV/AIDS
- Incontinent
- Acute/chronic wound or pressure ulcer
- History of falls
- Decreased adherence to treatment plan
- Repeat hospitalization/ED visits
- Requires assistance with managing oxygen and/or nebulizer

**Total # checked ________

**Score ≥ 5**
This patient is at HIGH RISK for hospitalization. Refer to Peninsula Home Care at Nanticoke.

**Score 2-4**
This patient is at MODERATE risk for hospitalization. Refer to Peninsula Home Care at Nanticoke.

**Score < 2**
This patient is at LOW RISK for hospitalization. No Home Care needs.

### Refer to Peninsula Home Care at Nanticoke:
- Skilled Nursing
  - Observation and assessment
  - Teaching and Training
  - Performance of skilled treatment procedure
  - Management & evaluation of a client care plan following an acute episode
- Physical Therapy
- Speech Therapy
- With any of the disciplines above
- Occupational Therapy
- Medical Social Work
- Home Health Aide service for personal care and/or therapeutic exercises
- Telehealth care management

**www.peninsulahomecare.com**

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