



# RISK ASSESSMENT FOR HOSPITALIZATION AND REFERRAL TO HOME CARE

## TO QUALIFY FOR MEDICARE HOME HEALTH SERVICES:

- The patient is under the care of a physician (community physician willing to sign home care orders)
- The patient requires at least one skilled professional service (RN, PT, Speech on an intermittent basis.) OT and HHA may be added under a skilled service.
- Services are provided in the patient's home
- The patient is homebound

### Definition of Homebound:

Homebound means the condition of a patient causes a considerable and taxing effort for the patient to leave home.

### Homebound qualifiers:

- Absences from the home are infrequent or of short duration

*Examples of infrequent or short duration Absences:*

- attendance at religious services
- attendance at a significant family event
- trip to barber or hairdresser
- a walk outdoors
- to receive health care treatments
- to receive medical day care services

## CHECK ALL THAT APPLY:

- Lives at home with limited or no community support
- Requires assistance with medication management
- Polypharmacy (more than seven medications)
- History of mental illness
- Issues with health literacy or understanding of illness
- Requires assistance with ADLs/IADLs
- Cognitive Impairment
- End stage conditions
- Diagnosis of CHF/COPD/diabetes/HIV/AIDS
- Incontinent
- Acute/chronic wound or pressure ulcer
- History of falls
- Decreased adherence to treatment plan
- Repeat hospitalization/ED visits
- Requires assistance with managing oxygen and/or nebulizer

Total # checked \_\_\_\_\_

### SCORE ≥ 5

This patient is at HIGH RISK for hospitalization. Refer to Peninsula Home Care.

### SCORE 2-4

This patient is at MODERATE risk for hospitalization. Refer to Peninsula Home Care.

### SCORE < 2

This patient is at LOW RISK for hospitalization. No Home Care needs.

## REFER TO Peninsula Home Care:

### Skilled Nursing

- Observation and assessment
- Teaching and Training
- Performance of skilled treatment procedure
- Management & evaluation of a client care plan following an acute episode

### And/or

### Physical Therapy

### Speech Therapy

### With any of the disciplines above

### Occupational Therapy

### Medical Social Work

### Home health aide service for personal care and/or therapeutic exercises

### Telehealth care management



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