

# DMOST Puts Doctors & Patients On the Same Page

The Delaware Medical Orders for Scope of Treatment (DMOST) form is filled out by doctors in conjunction with their patients. It's important for both parties to be aware of their roles and rights in the process.



## First, a couple reminders...

- This is a voluntary form and can be voided at any time
- The form helps medical providers understand a patient's wishes at-a-glance but is not a substitute for an advance health care directive.

For more information on DMOST, visit us online at [www.PeninsulaHomeCare.com](http://www.PeninsulaHomeCare.com)



*Going above and beyond for you!*

Sussex County 302-629-4914

## Patient

- **Have conversations** with your doctor about DMOST. This communication allows them to educate you about end-of-life procedures, and you can discuss together what is right for you.
- This is **separate from your living will**. While the living will is a legal document that is prepared much earlier in life, the DMOST form is a medical order and is only appropriate for patients who are expected to die within the next year.
- There are **six sections** to the DMOST form. Your doctor will help you understand these sections so you can make educated decisions about the level of care you would like.

## Medical Professional

- All members of the health care provider team are encouraged to take the **DMOST Core Training Program and become certified**.
- **Proper training** is necessary to help understand the terms associated with the DMOST and to accurately guide patients/caregivers through the process of filling out the form.
- **Listen** to your patient and their wishes. Communicate with them so that you ensure their wishes are laid out properly on the DMOST form.

# DMOST

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