

HEALING AND RECOVERY THROUGH Speech



“We know improved communication has an impact on social skills, peer relationships and behavior and can greatly minimize stress and anxiety for both the patient and caregiver.”

Karen Musengwa

Karen Musengwa, MS CCC-SLP

ASHA (American Speech Hearing Association) Certified Speech Language Pathologist & Certified Dementia Practitioner

Karen joined Peninsula Home Care in 2017. With two decades of experience as a Speech Language Pathologist, she diagnoses, and treats speech, language, social communication, cognitive-communication, and swallowing disorders.

She graduated from Ithaca College with a Bachelor of Science in Teacher of the Speech and Hearing Handicapped and Master of Science in Speech-Language Pathology. In 2013, Karen attended the Institute of Integrative Nutrition in New York, New York to become a Certified Holistic Health Coach. She is also Vital Stimulation Certified.

Speech Language Pathology Services

- **Articulation problems**
- **Fluency problems**
- **Resonance or voice problems**
- **Oral feeding problems**
- **Receptive language problems**
- **Expressive language problems**
- **Pragmatic language problems**



Speech Therapy Treatment for Dementia

As a Certified Dementia Practitioner, Karen uses speech therapy to improve memory loss deficits and other cognitive functions such as attention span and visual perception. When these symptoms are not addressed, they can lead to impaired judgment, disorientation, and even depression. Karen also focuses on educating dementia caregivers on how to more effectively communicate with their loved one.

Dementia Therapy Strategies include:

- Methods to compensate for deficits
- Environment modifications
- Memory regurgitation techniques - spaced retrieval, errorless learning
- Use of external memory aids
- Assess eating, drinking and swallowing to develop mealtime strategies
- Evaluation of individual's capacity to consent to treatment and care



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Worcester County 410-208-4828

Sussex County 302-629-4914

www.PeninsulaHomeCare.com

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